

Telehealth with Blue Sky (Copy this text into an email to your client)

Mac and Windows users

- Open a browser and click this link <https://securetelehealth.zoom.us/my/blueskytelepsych>
- Download and run the launcher as prompted.
- You will be placed in the waiting room with a message “You are in the waiting room”
- When the provider lets you in, you should see yourself and your provider on camera.
- Check the box to always use your computer audio, then click the green button “Join audio conference by computer”
- Talk to the provider and make sure he/she can hear you on the computer.
- If you can’t hear the provider, make sure your speakers are not muted.
- To select a different microphone and/or speakers on your computer, click the up arrow next to the microphone at the bottom of the screen and choose a different microphone and/or speaker.
- When you are done with the session, click “Leave Meeting” in the lower right corner, or just close the program.

iPad/iPhone instructions (first time)

- Tap the meeting link from your invitation email. If the Zoom app has not been installed on this device, it will take you to the Zoom page in the App Store.
- Tap the cloud next to Zoom and allow the app to install.
- Tap the meeting link from your invitation email again. This will put you into the waiting room.
- Wait in the waiting room until your counselor admits you into the meeting.

iPad/iPhone instructions (subsequent visits)

- Tap the meeting link from your invitation email. This will put you into the waiting room.
- Wait in the waiting room until your counselor admits you into the meeting.

Instructional video is here:

<https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials>